



## **Beyond Basics Training for the Behavioral Health Care Manager (BHCM): Engaging Patients in Collaborative Care (CoCM)**

### **About the Training**

This Beyond Basics training session focuses on the role of the BHCM in engaging patients in Collaborative Care. The session is delivered by an expert clinical trainer with experience in the BHCM role and using CoCM in primary care.

### **Format**

The session takes place over Zoom as a one hour live group training. The training includes didactic content with interactive discussion and/or activities. Each course will include 8-12 participants.

### *Learning Objectives*

- Describe core strategies for engaging patients in Collaborative Care
- Identify factors within their control to decrease the impact of stigma on engagement in care
- Tailor their CoCM elevator speech to the unique needs of individual patients

### **Cost**

This Beyond Basics training session costs \$95 per trainee.

### **Intended Audience**

- Anyone in a Behavioral Health Care Manager (BHCM) role
- Licensed mental health providers (LICSW, LPC/LMHC, LMFT, PhD, PsyD)
- License-track mental health providers
- Non-licensed BHCM staff who share a role with licensed or license-track providers
- Bachelor's level training in a related field
- Community Health Workers
- Registered Nurses
- Advanced Practice Nurse Practitioners or Physician Assistants





## Instructor Credentials

Instructors vary by cohort

- Annie McGuire, MS, LMHC, MHA: Clinical Trainer & Practice Coach at the AIMS Center
- Anna Hink, MSW, LCSW: Clinical Trainer at the AIMS Center
- Monica Harrison, MSW, LCSW: Clinical Trainer & Practice Coach at the AIMS Center

## Trainee Requirements

Participants must have an active caseload of at least 3 patients at the time of the training (except for those in supervisory roles). Participants must also have a working camera allowing them to turn on their video during the entire training.

## Continuing Education (CE)

After attending a live Beyond Basics session, eligible providers will have the opportunity to claim CE credits. Credits are earned by attending the entire training session. Participants can earn 1 CE credit for this session.

The AIMS Center is approved by the American Psychological Association (APA) to sponsor CE. The AIMS Center maintains responsibility for this program and its content. All training activities are eligible for CE at no additional charge. APA credits are accepted by most state licensing boards; however, check with your licensing board to determine whether APA accredited CE is accepted for your state license. Clinical Social Workers: The University of Washington is recognized by the Washington state licensing authority for social workers practicing in the state. Similarly, we are recognized by the New York State Board Office for Social Work.

### *CE Eligible Providers*

Psychologists, Licensed Social Workers, Licensed Mental Health Counselors. Many States accept APA accredited CE for other licensed mental health providers (e.g. MFT, LMHC, etc.).

### *How to Claim*

After each Beyond Basics course, participants who attended the entire session will be sent an email with instructions on how to claim CE. Participants can download or print a CE certificate for their records.





## **Conflict of Interest Disclosure Information**

There are no relevant financial relationships for anyone who was involved in the planning or who had control of the content of this training.

## **Additional Information**

For more information about the Beyond Basics Training, please contact the AIMS Center at [bhskills@uw.edu](mailto:bhskills@uw.edu)

UW AIMS Center communications are intended to be inclusive and accessible, and we are working to ensure our services and materials will conform to all ADA standards and WCAG 2.1 Level AA success criteria. To request accommodations connected to a disability or health condition, please contact Aaron Stellarini at (206).685.1824 or [bhskills@uw.edu](mailto:bhskills@uw.edu).

## ***Refund Policy***

Refunds may be granted at the AIMS Center's discretion. All refund or cancellation requests must be submitted to [bhskills@uw.edu](mailto:bhskills@uw.edu). The AIMS Center will review requests and determine the appropriate course of action.

