AIMS CENTER
UNIVERSITY of WASHINGTON
Psychiatry & Behavioral Sciences
Celebrating 20 Years Advancing Integrated Care

Improving Population Health by Advancing Effective Evidence-Based Integrated Behavioral Healthcare

At the AIMS Center, we transform healthcare by training medical providers & behavioral health professionals to work together to improve behavioral health outcomes. As trailblazers of **Collaborative Care (CoCM), we have over 20 years of experience** supporting healthcare organizations, payers, & policymakers throughout the United States & internationally.

We help health systems implement CoCM, accomplishing the Quintuple Aim for Healthcare - creating an equitable health system that improves patient outcomes, enhances patient experiences, lowers costs, & improves job satisfaction for healthcare providers.

Implementation Support

We coach large and small organizations to effectively implement CoCM, covering implementation from design to sustaining & scaling. Our expertise entails:

- CoCM finance & sustainment
- Workflow development
- Operationalizing across different patient populations & settings

Registry Tools

An efficient and effective registry tool is vital for managing behavioral health caseloads in integrated care settings. Our secure web-based registry:

- Streamlines workflows
- Tracks quality measures across a variety of scales for pediatric and adult populations
- Simplifies communication across teams

Clinical Skills Trainings

Comprehensive, evidence-based trainings designed for behavioral health and primary care providers in integrated care. Trainings consist of:

- Online learning
- Live skill building
- Behavioral Activation & Problem Solving Treatment

Learn More

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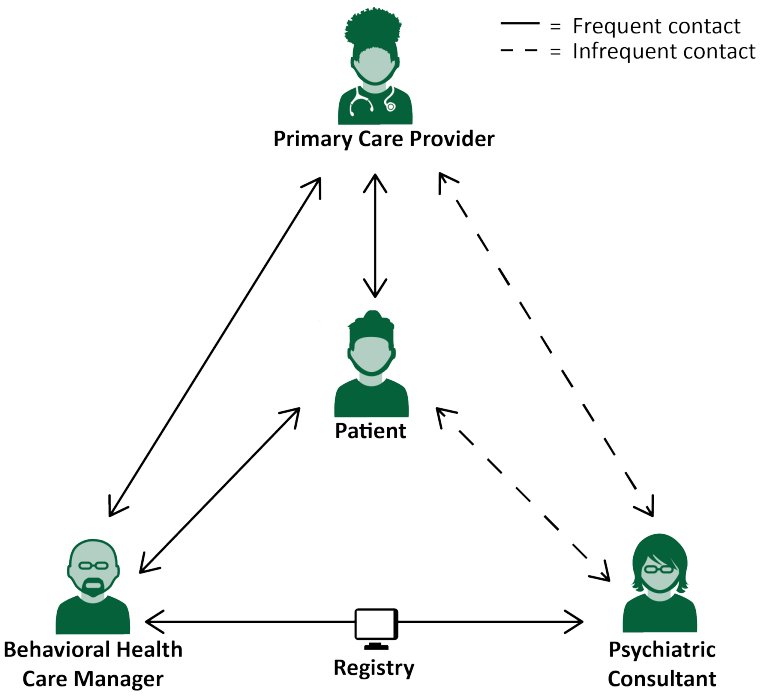

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Valley View Health Center

Our experienced team helped this rural FQHC build a strong foundation for its CoCM program. Our trainers leveraged their direct experience working in Collaborative Care settings to provide comprehensive support and a CoCM-specific registry that enabled Valley View to successfully implement and sustain Collaborative Care for 11 years (and counting!).

Kaiser Permanente

When Kaiser Permanente needed a trusted partner to implement Collaborative Care nationwide, they turned to the AIMS Center. Our team supported eight diverse markets across the country with clinical training and systems-level coaching to create a high-quality, successful Collaborative Care program for their patients.

North Carolina

The State of North Carolina turned to the AIMS Center to support its initiative to bring Collaborative Care to communities state-wide. Using a train-the-trainer approach that includes both recorded modules and live coaching sessions, we supported practice facilitators who work with healthcare organizations state-wide. We also developed a custom registry that includes pediatric measures.

Premera Blue Cross

The AIMS Center teamed up with Premera Blue Cross in its mission to reduce health disparities for Black and/or African American people, American Indian/Alaska Native people, and rural communities. We supported 26 rural and urban clinics in Washington and Alaska with interactive learning collaboratives that educate and mentor Collaborative Care (CoCM) team members to implement and sustain CoCM with fidelity.

New York

Since 2015 the AIMS Center has supported New York State's Medicaid Learning Network for healthcare organizations throughout the State implementing Collaborative Care. Our experienced coaches and trainers provide hands-on training and coaching, sustainment planning, and a custom registry. We also partner with the Office of Mental Health to use robust quality metrics that drive payment and partner with researchers and the State to publish articles highlighting the results of this initiative.

Research shows that organizations receiving AIMS Center support to implement the Collaborative Care Model have better patient outcomes - with patients twice as likely to improve in a fraction of the time.

Learn More

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