

## Online Collaborative Care Training for Psychiatric Consultants

Prior to completing the advanced training, *AIMS Center Online Collaborative Care Training for Psychiatric Consultants*, we strongly recommend completing the introductory course, *Applying the Integrated Care Approach: Core* (4 hours). This free course from the American Psychiatric Association (APA), developed in partnership with the AIMS Center, covers foundational topics related to Collaborative Care (CoCM) and integrated care.

Access the introductory course here: <https://www.psychiatry.org/psychiatrists/practice/professional-interests/integrated-care/get-trained>.

### About the Advanced Online Training

The *AIMS Center Online Collaborative Care Training for Psychiatric Consultants* focuses on enhancing the leadership skills needed to effectively address team and system challenges that inevitably arise in CoCM or integrated care programs. Concepts covered in this training build off of concepts first introduced in the APA's course, *Applying the Integrated Care Approach: Core*.

Please note that this training is only available to providers participating in formal [Implementation Coaching and Training Support](#) from the AIMS Center. Reach out to [aimstrng@uw.edu](mailto:aimstrng@uw.edu) with questions.

### Length

Approximately 2 hours

### Format

This training is self-paced and can be completed in multiple sessions. You may also return to the training after you have completed it. Each training module includes reflection questions to consider for your practice. See page 2 for a detailed training outline.

The training is web-based and requires internet access as well as a computer, tablet, smartphone, or other device that can connect to the Internet. Media used includes video, audio, text, and graphics. Internet Explorer is not supported.

### Continuing Medical Education (CME)

After completing the training, 2 CME credits can be claimed by eligible providers at no additional cost.

The University of Washington School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Washington School of Medicine designates this other activity for a maximum of 12.5 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### How to Claim CME

To receive CME credits, participants must complete the online training, receive a minimum score of 75% on the CME quizzes, and complete the brief evaluation survey. Participants will then be emailed instructions for claiming CME.

## Training Outline

Below is an outline of the *Online Collaborative Care Training for Psychiatric Consultants*.

### *Module 1: Practice Liaison*

By the end of this module, Psychiatric Consultants should be able to:

- Utilize an expanded differential diagnosis to assess team issues that arise in a CoCM program
- Use team warning signs to identify areas to focus on to improve CoCM team performance
- Recognize the role of quality aims in measuring the impact of the CoCM program

### *Module 2: Promote Learning*

By the end of this module, Psychiatric Consultants should be able to:

- Recognize the role of the psychiatric consultant as an educator on the team
- Utilize the Knowledge, Skills, and Affect/Attitude (KSA) framework for team learning needs
- Select appropriate strategies that align with identified learning needs for members of the team

### *Module 3: Provide Leadership*

By the end of this module, Psychiatric Consultants should be able to:

- Recognize that systems level issues require system level change
- Support systems through a quality improvement lens
- Recognize that PDSA cycles are a useful tool to employ to improve CoCM programs

### *Module 4: Cases*

By the end of this module, Psychiatric Consultants should be able to:

- Assess the need for individual or systems level interventions in example cases