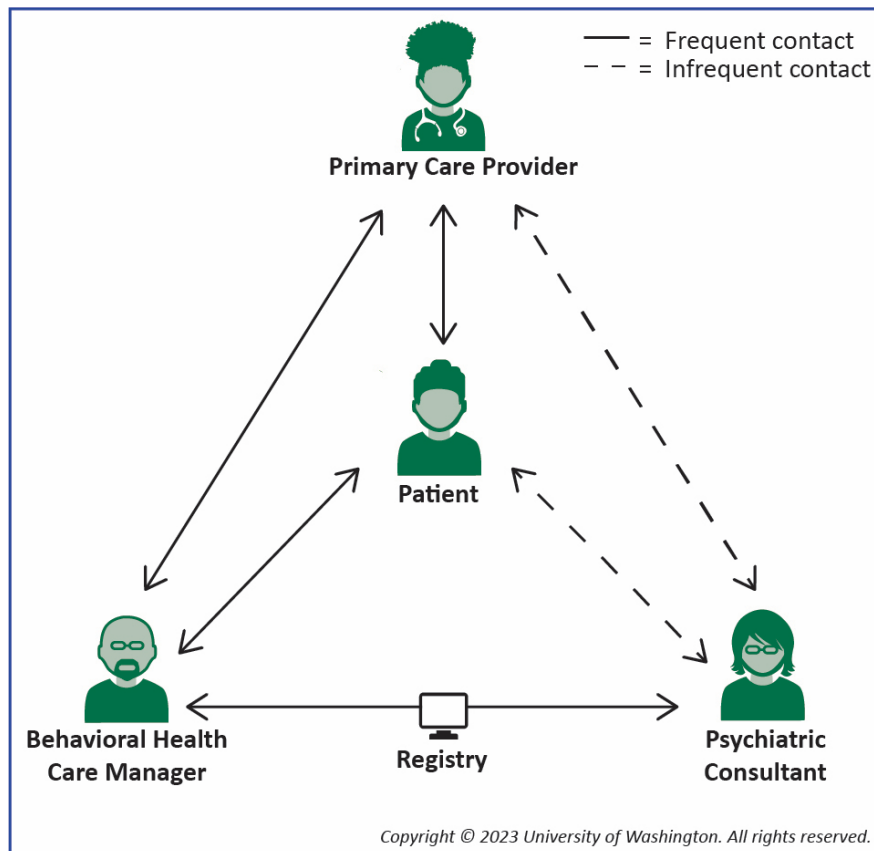


## The Role of the Primary Care Provider in Collaborative Care

The role of the primary care provider (PCP) in Collaborative Care (CoCM) is to oversee all aspects of a patient's behavioral health care including encouraging the patient's participation, prescribing medications, and making referrals to specialty mental health care when needed. PCPs work in close collaboration with the patient's behavioral health care manager (BHCM) and psychiatric consultant. This is summarized below.

### Collaborative Care Team



#### Identifies and Engages

- Introduces Collaborative Care to a patient
- Acquires informed patient consent
- Initiates a warm connection to a BHCM

#### Makes a Diagnosis

- Formulates using validated screeners, exams, and history
- Works with care team to diagnose complex behavioral health conditions
- Observes over time and adjusts diagnosis as appropriate

#### Treats

- Works with care team and patient to develop a treatment plan
- Works with care team to implement treatment and make treatment adjustments
- Prescribes medications as needed
- Addresses safety concerns
- Monitors physical health and potential medication interactions