

## RURAL MENTAL HEALTH INTEGRATION INITIATIVE – FINAL COHORT

Premera is committed to promoting access to quality mental health care in underserved rural communities. The University of Washington AIMS Center is partnering with Premera to train and support rural primary care clinics in launching, expanding, and sustaining integrated mental health care programs.

➤ **Participating clinics receive up to \$245,000 for completing initiative activities**

### Core Principles of Evidence-Based Integrated Care



Population-Based



Patient-Centered  
Team



Measurement-  
Based Treatment to  
Target



Evidence-Based



Accountable

### Eligible Clinics

- Located in a rural area of Alaska or Washington State and/or RHC designation
- Served at least 900 unique adult primary care patients in the past year (can combine patients across clinics if all clinics will implement Collaborative Care)

**Smaller clinics  
now eligible!**

**Apply ASAP for  
limited spots!**

### Clinic Benefits

- Clinic-level support to plan and implement, or expand, integrated care teams
- In-person (if possible) & virtual learning opportunities
- Training CEU for providers
- Free use of AIMS registry tools

➤ **Patients receive increased access to evidence-based mental health care**

### Award Information

- Up to \$245,000 per clinic (or group of clinics)
- Applications for Cohort 3

**ACCEPTED ON ROLLING BASIS**

### Questions?

For more information, visit:

<https://aims.uw.edu/premera-rural-mental-health-initiative>

Email: [ruralmh@uw.edu](mailto:ruralmh@uw.edu)