

RURAL MENTAL HEALTH INTEGRATION INITIATIVE

Premera is committed to promoting access to quality mental health care in underserved rural communities. The University of Washington AIMS Center is partnering with Premera to train and support rural primary care clinics in launching, expanding, and sustaining integrated mental health care programs.

Core Principles of Evidence-Based Integrated Care



Population-Based Care



Patient-Centered Team Care



Measurement-Based Treatment to Target



Evidence-Based Care



Accountable Care

Eligible Clinics

- Located in a rural area
- Served at least 1,500 unique patients age 18 or older in the past year

Clinic Benefits

- Clinic-level support to plan and implement, or expand, integrated care teams
- In-person & virtual learning opportunities
- Training CEU for providers
- Free use of AIMS registry tools

➤ Patients receive increased access to evidence-based mental health care

Award Information

- Up to \$245,000 per clinic
- Timeframe: January 2020 – April 2021
- Application for Cohort 1 due: **September 29, 2019**

Questions?

For more information, visit:
<https://aims.uw.edu/premera-rural-mental-health-initiative>

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