

Principles of Effective Integrated Health Care

1. Patient-Centered Team Care / Collaborative Care

Primary care and behavioral health providers collaborate effectively using shared care plans. It's important to remember that colocation does NOT mean collaboration, although it can.

2. Population-Based Care

Care team shares a defined group of patients tracked in a registry to ensure no one "falls through the cracks." Practices track and reach out to patients who are not improving and mental health specialists provide caseload-focused consultation, not just ad-hoc advice.

3. Measurement-Based Treatment to Target

Each patient's treatment plan clearly articulates personal goals and clinical outcomes that are routinely measured. Treatments are actively changed if patients are not improving as expected until the clinical goals are achieved.

4. Evidence-Based Care

Patients are offered treatments for which there is credible research evidence to support their efficacy in treating the target condition.

5. Accountable Care

Providers are accountable and reimbursed for quality of care and clinical outcomes, not just the volume of care provided.