**Chronic Pain Case Presentation for Training**

1. **Choosing a Case**

Look at your caseload and find a patient with chronic pain as a co-morbid condition.

Some possible cases include:

* Someone who has improved from depression but pain is now, or continues to be, a prominent issue
* Someone who has or hasn’t benefited yet from pain medications or pain management techniques
* Someone who you are considering referring for more extensive treatment (PT, pain specialty, PCP, acupuncture, massage, etc.) – Why? How are you doing with getting them to do this?
* Discuss a pattern that is developing as an issue in pain management or treatment

You can pick a successful case or one that has been challenging for you!

**2. Prepare Case Presentation**

Complete the following for the patient you’ve chosen. If you chose an overall pattern then be prepared to answer the last three questions.

Age:

Gender:

Diagnoses:

Basic demographic info. (No PHI or information that could inadvertently identify a patient - please!)

For example: living situation, stressors, strengths, factors affecting treatment course / outcome.

PHQ-9 / GAD-7 at baseline:

Most recent PHQ-9 / GAD-7 / other measures?

Pain Scale: 1-10

Length of time in treatment (# weeks or months):

Number of contacts:

What issue in pain management treatment do you want to discuss?

What is patient’s previous level of physical function? What is patient’s functional goal?