

Care Management Tracking System (CMTS)

Effective management of chronic health conditions such as depression and diabetes requires a coordinated team and shared information. The Care Management Tracking System (CMTS) is a web-based application that facilitates a shared care plan to collaboratively treat common medical and behavioral health conditions. Using an intuitive user interface, CMTS tracks patient progress and goals, identifies patients who need help, and shares information among the entire care team.

Delivering Better Care

CMTS supports the core principles of effective integrated care that results in better clinical outcomes, higher patient satisfaction, and lower healthcare costs.



Patient-Centered Team Care. CMTS facilitates collaboration between providers and patients using shared care plans that incorporate patient goals.



Population-Based Care. CMTS tracks patient populations to prevent patients from falling through the cracks.



Measurement-Based, Treatment to Target. CMTS tracks clinical outcomes to cue providers when a consultation or systematic change in treatment is needed.



Evidence-Based Care. CMTS structures clinical workflows, and uses validated measurement instruments to track patient progress.



Accountable Care. CMTS creates transparency and accountability among treating providers and payers.

Supporting Patient Goals

CMTS supports a patient-centered approach to health care by allowing clinicians to track on patient goals for a specified timeline and with a validated measurement. Cues and reminders facilitate changes in treatment or consultation, and consulting specialists can efficiently review treatment histories and suggest additional diagnostic or treatment strategies. CMTS

- Quickly assesses and triages an entire caseload
- Allows for consultation on more patients, more easily
- Gets more patients better, faster!

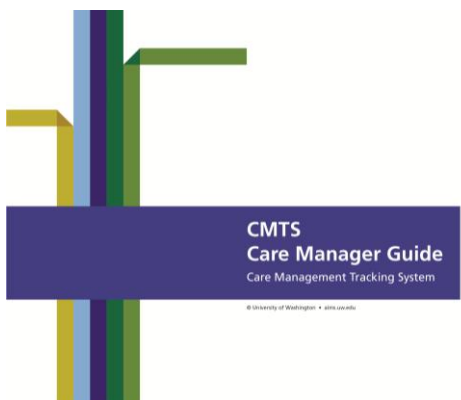
CMTS Key Functions

- ✓ Provides initial and follow-up contact reminders
- ✓ Flags high-risk patients and indicates when a psychiatric consult is needed
- ✓ Manages a caseload of patients and provides sortable caseload tracking and statistics reports
- ✓ Can be customized to track a variety of common medical and behavioral health problems*
- ✓ Web-based functionality efficiently shares and coordinates effective patient care across organizations
- ✓ Supports care planning and effective patient encounters
- ✓ Proactively tracks clinical outcomes, cueing providers when a change in treatment is needed
- ✓ Facilitates quality improvement efforts by tracking a defined population of patients
- ✓ Supports the import and export of data
- ✓ Fully HIPPA compliant

* CMTS has been previously used to track the treatment of depression, anxiety, PTSD, substance use/abuse, hypertension, hyperlipidemia, chronic pain, ADHD, and diabetes.

Beyond an EMR

CMTS is not a paper or electronic medical record (EMR), nor is it intended to act as a replacement. Medical records are a storehouse of information about a specific patient's care that can be used for clinical, billing, and/or legal purposes. Although some EMRs can use queries or filter functions to cue clinical activities or create specified patients list, most have limited functionality in this regard and need extensive – and oftentimes costly – customization to facilitate the delivery of evidence-based care for specific medical or behavioral health conditions.



CMTS Support

The AIMS Center offers user guides, video demonstrations, and one-on-one consultations to help clinicians and administrators use CMTS most effectively with the ultimate goal of providing better patient care.

For more information contact uwaims@uw.edu.